



**Fort Vermilion School Division**

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**November 1, 2018**

**ADHD ~ Parent Strategies & Information**

Hosted by the Ft Vermilion School Division

with presentation by Les Redick

**November 1**

**Spirit of the North Community School**

**High Level**

**7pm**

Parents are led through a discussion of how ADHD presents itself from early elementary school through to adulthood. Parents are shown what ADHD looks like at home and how it may look different at school. Parents are given strategies on how to manage ADHD at home and how to support teachers in the classroom. As a parent of a severe ADHD child, I will speak to topics like: Time Blindness, Poor Social Skills, Emotional Outbursts, Homework Issues, Poor Problem Solving/Time Management, Drug Use and Medications.

Les will share some recent discoveries as well.

**About the Presenter:** For 30 years, **Les Redick** has taught ADHD and Learning Disabled students from grades 7 through 12. In addition to his professional experience, Les has personal experience living with ADHD himself and raising a son with ADHD. This combination of professional and personal experience has given Les an excellent perspective on ADHD, executive functioning issues and motivation. Les has been speaking professionally on the topic of ADHD for almost 10 years. In 2014, Les presented at the Learning Disabilities Association National Conference in Anaheim, CA. He has also presented at the Inclusive Education Specialist Council Conference in Alberta as well as at various jurisdictions across the province. He recently completed his M.Ed in Education Research with a focus on ADHD through the University of Calgary and is currently working at North Point School teaching Elementary and Junior High Math.



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